



# Community Connection

**New Horizons at Marlborough, LLC**  
**Serving Metrowest Seniors Since 1994**  
*A Turning Point in Senior Living!*

**April 2018**



**April is Volunteer Month:** Few people demonstrate the true meaning of the word “volunteer” better than Northland Investment Corporation’s Peg Barrows. The former New Horizons at Marlborough associate director spearheaded a canvas painting activity as part of Northland’s annual Give Back day. Our talented resident artists were outfitted with berets and smocks, and then paired with members of Peg’s team of community managers. Together, they recreated a seaside painting selected by Peg (*pictured, with the chosen painting*). A professional artist led the exercise, using supplies provided by Majestic Painting.

“It’s very rewarding for me to come back here and offer this unique one-on-one activity with residents,” said Peg. “Our team loves to hear their stories.” The feeling is mutual among residents, who have enjoyed this event for years. While this was Peg’s last Northland Gives Back event, it is for a good reason: she has just been named Northland’s national director of sales and operations. Her legacy continues, however: Peg’s son Tyler Barrows is a landscaper in his fifth year working at New Horizons!



Second image from the left: *Ute Park* pauses between brush strokes; *Tom Ribadanyera* enjoys his masterpiece; two helpers with *Marie McCracken*. (FYI: Don’t miss our ongoing, resident art display in Artist’s Alley.)



**APRIL OBSERVANCES:**  
**EASTER**, which is **April 1** this year, marks our first Protestant service in the Good Shepherd Chapel, to be held at **1:30 PM**. It is also the day of our famous annual Easter buffet (be on the lookout for a Harvey-sized rabbit).



**PASSOVER** observances conclude **Friday, April 6**. **Arlene Lemieux** will conduct Shabbat services in the Bill Miller Room at **4:00 PM**.



**TRI STATE HOLIDAY:** Did you know Maine, Massachusetts, and Wisconsin all celebrate **Patriots’ Day**? Festivities in the Bay State kick off at dawn on Monday, **April 16** with reenactments of the **April 19, 1775**, Revolutionary War battles of Concord and Lexington. At **9:17 AM**, the granddaddy of foot races steps off in Hopkinton for the 122<sup>nd</sup> running of the BAA Boston Marathon. Later, the Boston Red Sox host the Baltimore Orioles at Fenway Park. The opening pitch is at **11:05 AM**.

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**FROM GARAGES TO “MARCOS’ VILLAS”**



The conversion is complete! The former storage units are now repurposed as

seven independent living apartment units. They are named after Executive Chef **Marcos DeOliveira**, (pictured above) who proposed the project. “Marcos’ Villas is an exciting new addition to our campus,” says **Andy Eick**, executive director of New Horizons at Marlborough. “We are delighted to offer these new homes. We expect that, just like our cottages, they will be highly sought after.” The one- and two-bedroom apartments raise our total independent residences to 248.



**A NEW SPIN** on Dress for Dinner: Assabet ROTC cadets presented residents with roses and escorted them to their tables.

(Pictured: Cadet

Gunnery Sergeant **Kelleigh Prindle** with NHM resident **Jane Douglas**.)

**ERIN GO BRAGH:**

Resident **Dorothy “Dottie” Nelson** (pictured, right) proudly displays her hanging shamrock decoration for **Saint Patrick’s Day**.



**VNA Care Advantage**  
VNA Care

**Meet Your VNA Care Advantage Charge Nurse!**



**Lisa Fortin, RN, BSN**, is an integral part of the team at New Horizons. For nearly two years, she has supervised the VNA Care Advantage PCA (personal care attendants) program. Lisa began her career as a licensed practical nurse, then became a registered nurse and earned her bachelor of science in nursing. Now, with more than 30 years of experience, she is embarking on a master’s degree in nursing. Lisa is responsible for the day-to-day training of the nursing staff, and assists in the continuing education of New Horizons’ staff. She also does wellness checks and patient care as needed. “I enjoy working with the residents,” she said. “I love seeing them healthy and cared for – and hearing their stories!”

*Mother’s Day Buffet!*  
*May 13, 11:15 AM - 1:15 PM*

Reserve by **May 4** for up to four guests. Guest tickets are \$20 per person, and \$10 for children under eight. Speak to Amanda or Teresa, or email [food@cummings.com](mailto:food@cummings.com).

**Mark Your Calendar!**

|                 |                                     |          |
|-----------------|-------------------------------------|----------|
| <b>April 2</b>  | Pianist <b>Mel Stiller</b>          | 2:00 PM  |
| <b>April 5</b>  | Boston Red Sox Home Opener          | 2:00 PM  |
| <b>April 12</b> | Cooking with the Chef               | 10:00 AM |
| <b>April 12</b> | New Horizons’ Talent Show           | 2:00 PM  |
| <b>April 16</b> | Patriots’ Day Hex Walk Marathon     | 10:00 AM |
| <b>April 16</b> | Pianist <b>Ethan Stone</b>          | 2:00 PM  |
| <b>April 19</b> | Pianist <b>Ron Barclay</b>          | 2:30 PM  |
| <b>April 25</b> | Hearthstone Caregiver Support Group | 6:00 PM  |
| <b>April 28</b> | Poetry Reading                      | 1:00 PM  |
| <b>April 28</b> | Strawberry Jazz Group               | 2:00 PM  |

To view this newsletter in color, see the postings throughout the community, or visit [www.countrycommunities.com](http://www.countrycommunities.com).  
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