



Community Connection

New Horizons at Marlborough
Serving Metrowest Seniors Since 1994
A Turning Point in Senior Living!

February 2018



“DELIZIOSO! BRAVISSIMO!” These were just some of the compliments following the first Cooking with the Chef event in French Village with Associate Director **Kris Coppola**, aka Chef Kris. He even got a congratulatory chin chuck from **Connie Paglia** after she sampled the tasty, garlic-filled marinara sauce.



FESTIVE FOOD EVENTS: Our kitchen and dining staff are hard at work planning a festive and fun **Mardi Gras/Fat Tuesday**-themed dinner to be held on **Tuesday, February 13**. The following day, **February 14**, we kick things up a notch! Don your finest threads for the semi-annual **Dress for Dinner** and **Dress for Drinks** in celebration of **Valentine’s Day**. The festivities, which include live entertainment, begin in O’Connor Town Common from **4:00 to 5:00 PM**, and continue in 420 from **5:15 to 6:15 PM**. Drinks will be served in 370 Breakfast Nook, from **4:00 PM to 5:00 PM**.



SUPER BOWL 2018 CHAMPS?

We’d like to say “Go, Pats!” As we go to print, however, the fate of our beloved New England Patriots is yet to be determined. If the “Wearing of the Super Bowl Ring” is like the “Kissing of the Blarney Stone,” Pats fan **Joe Quinn** is ready to lend a hand! Pats or no Pats, you’re invited to a “super” Super Bowl Pre-Game Party at **3:00 PM** in O’Connor Town Common.

ARTIST’S ALLEY:

Be sure to visit this month and enjoy the works of our two, co-featured artists, **Fred Parsons** and **Sheila Barrows**. The artwork of **Margaret Davis**’ (pictured) was on display in January. Artist’s Alley is located opposite the Wayside elevator.



MONET WOULD BE PROUD: Thanks to resident **Carol Olsen**, artists will soon enjoy a new studio behind the greenhouse. Carol says she was inspired by the concept of painting “en plein air,” or outdoors in the open air. She took her idea straight to the top, enlisting the help of Executive Director **Andy Eick**, who then put her in touch with **Bill Cummings**, pictured here with Carol. When completed, the studio’s wall of windows will look out over the garden, allowing resident artists to paint “among the flowers.” Well done, Carol!



FIND US ON FACEBOOK! Click the logo to the left to find yourself (or your friends or relatives) in our posts. Then click to share the fun we have at **New Horizons at Marlborough!**



WELCOME, 2018! Pictured, left to right: **Gail Fleming, Ida LeClair, and Bunny VanValey** ring in the new year, along with **Doris Ellison and Helen Kutch**; **Nancy Duxbury and Ute Park** display colorful, paper bag starbursts; vocalist **Barbara Dolan** administers Jazz Therapy and performs an improvisational duet with **Herb Raphael**.



TAX TIPS: Massachusetts allows a personal income tax deduction for rent. Residents receiving assisted living services may qualify for medical deductions. Sites such as Mass.gov and IRS.gov offer tax tips for seniors and other details. Information specific to New Horizons will be mailed with this month's statement, and is also available at the Front Desk or on [our website](#).



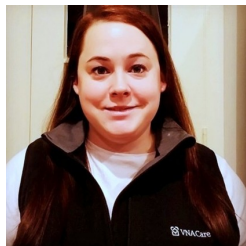
KUDOS TO OUR SNOW AND MAINTENANCE TEAMS, who worked tirelessly following last month's winter storm. They cleared huge mounds of snow from parking lots, parking spaces, and walkways and dealt with other challenges of cold weather. Thank you!

FEBRUARY IS BLACK HISTORY MONTH: Did you know Massachusetts played a key role in the anti-slavery movement? Concord was home to notable abolitionists, including Henry David Thoreau, Louisa May Alcott, and Ralph Waldo Emerson. Many stops along the Underground Railroad were made throughout Metro West. Its most famous "conductor," runaway slave Harriet Tubman, is honored with a Boston museum in her name. Check your weekly calendars and Channel 918 for upcoming Black History Month events.



VNA Care Advantage

MEET YOUR NEW VNA PHYSICAL THERAPIST



Amber Gannon is excited to join the VNA team at New Horizons as the new primary physical therapist for all residents receiving home health care services. She received a bachelor's degree in health science from Boston University in 2012, and has a doctorate in physical therapy from MCPHS University in Worcester. Amber completed a clinical rotation with VNA Care prior to graduating, and loved it so much that she took a job with the company shortly after receiving her license. She thoroughly enjoys working with individuals with neurological conditions, as well as with the geriatric population. Welcome, Amber!

Mark Your Calendar!

February 1	Ray Valente on Keyboard	2:00 PM
February 2	Guitarist Peter Lavenson	2:00 PM
February 9	Frank King: Art of Music	2:00 PM
February 13	Rob Natoli & String-Swing Jazz Trio	2:00 PM
February 14	Valentine's Day: Dress for Dinner/Dress for Drinks	4:00 PM
February 22	Pianist Ethan Stone	2:30 PM
February 28	Hearthstone Caregiver Support Group	6:00 PM

To view this newsletter in color, see the postings throughout the community, or visit www.countrycommunities.com.
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