



# Community Connection

**New Horizons at Marlborough, LLC**  
Serving Metrowest Seniors Since 1994  
*A Turning Point in Senior Living!*

**January 2018**



In the words of Mark Twain, “If you don't like the weather in New England now, just wait a few minutes.” Whatever Mother Nature has in store, our “Snow Team” is prepared with plows, shovels, and snow rakes. Meadows resident **Frank Gurley**, for one, appreciates New Horizons’ snow-related services. According to Frank, “The amenities here are incredible! They even brush snow off my car!” When the snow plan is in effect, you will see orange cones blocking parking spaces. Please follow your building’s posted snow plan. If we have a set of your keys, our maintenance team will move your car; otherwise, as a last resort, we must tow any cars that hinder safe snow removal. Thank you for your cooperation.

**MAY THE FORCE BE WITH HIM!** The “him” is **Joe Quinn**, New Horizons’ latest centenarian and Brookline’s oldest living police officer.



Brookline’s finest dispatched a special delegation to New Horizons in honor of Joe’s 100<sup>th</sup> birthday. They joined about 60 members of Joe’s family and the New Horizons community to mark the occasion (one that Joe has been planning since he was 95). They presented the self-described “Greatest of All Time” Pats fan with a New England Patriots football autographed by owner (and Brookline resident) **Bob Kraft**. They also let him try on a little bling: a Patriots Super Bowl ring! Joe’s secrets to longevity are 1) never sweat the small stuff and 2) start each day with a hearty breakfast of eggs, bacon, toast, coffee, and juice.



*Pictured, left to right: Officer Jim Reardon makes the Kraft football “hand off” to Joe Quinn, with an assist from Sergeant Andrew Amendola.*



**MARTIN LUTHER KING JR. DAY** is **Monday, January 15**. The federal holiday honors the birthday of the slain civil rights leader. His inspirational preaching advocated nonviolent protest to effect social change. Our observance will begin at **2:00**

**PM** in O’Connor Town Common with a lecture by **Dick Pearson**. It will be followed by the playing of King’s iconic “I Have a Dream” speech. It was delivered **August 28, 1963**, at the steps of the Lincoln Memorial in Washington, D.C.. The event capped the March on Washington for Jobs and Freedom. In February, we will commemorate **Black History Month** with several special events. Check your February events calendar and watch Channel 918 for details.



**CULTURAL CORNER:** Did you know that January is Art Month? Check out Artists Alley, our newly created display of residents’ artwork, located opposite the Wayside Elevator. This month will feature paintings by **Margaret Davis**. *Pictured: stunning fall photographs by resident Arnie Schneider.*



**FIND US ON FACEBOOK!** Click the logo to the left to find yourself (or your friends or relatives) in our posts. Then click to share the fun we have at New Horizons at Marlborough!

**HOLIDAY SCRAPBOOK** Pictured below, left to right: Santa "helpers" **Mei Chen, Alysse Farlow and Carol Olsen;** **Bob Broxton** reprises his role as Santa (and gives a high five); **Elizabeth Gebhard** returns as Mrs. Claus, with her granddaughter **Brooke;** **Frances Denzel** gives her annual reading of "The Night Before Christmas" to a spellbound audience.



**FRIENDLY COMPETITION, ANYONE?**



Dominoes? Cribbage? Rummikub? If you're ready for a little gamesmanship, our staff is ready to play! Join us **Monday, January 15, at 10:00 AM** in O'Connor Town Common for our first monthly board game extravaganza. Pictured: Scrabble players **Doris Ellison and Herb Raphael.**

**LET THERE BE SOUND!** Two of our resident "Bobs," **Simcoe** and **Noonan**, put their heads together to solve a problem afflicting our chapel: occasional inaudible audio. **Bob Noonan**, formerly of famed speaker maker Bose Corporation, and **Bob Simcoe**, electrical engineer extraordinaire, came up with a solution. It involved a new mixer, a 31-millisecond sound delay processor, matching speaker impedances and a new wireless mic. The results are clear as a bell! Thank you, Bobs!



**VNA Care Advantage**  
VNA Care



**MEET YOUR NEW OCCUPATIONAL THERAPIST**

**Connie Durkin** is excited to be joining the VNA team at New Horizons as the new primary occupational therapist for all residents receiving home health care services. Connie has more than 10 years of occupational therapy experience, including two years with VNA Care. "My passion is behavioral and cognitive assessment and treatment in geriatrics," said Connie. "I am modality certified and plan to expand my knowledge of manual treatment of musculoskeletal impairments. A fun fact about me is that I love reading and learning about fashion and home decor!"

**Mark Your Calendar!**

**Every Tuesday in January: Interactive Short Stories at 2:00 PM**

<b>January 3</b>	Art Matters: Beasts of Fame & Fable	2:00 PM
<b>January 15</b>	Gamesmanship with New Horizons Staff	10:00 AM
<b>January 15</b>	<b>Martin Luther King Jr.</b> Day Observances	2:00 PM
<b>January 18</b>	New Resident Reception with Saxophonist <b>Brian Kane</b>	2:30 PM
<b>January 21</b>	<b>Randy Scaletta &amp; Sunnyside Swing Band</b>	2:00 PM
<b>January 22</b>	<b>Richard Hughes:</b> Traveling Silent Movie Show	2:00 PM
<b>January 31</b>	Hearthstone Caregiver Support Group	6:00 PM

To view this newsletter in color, see the postings throughout the community, or visit [www.countrycommunities.com](http://www.countrycommunities.com).  
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