



Community Connection

New Horizons at Marlborough
Serving Metrowest Seniors Since 1994
A Turning Point in Senior Living!

January 2025



DECK THE HALLS: New Horizons filled the month of December with holiday celebrations, including resident parties in each building, visits from Santa and Mrs. Claus, lighting candles for Hanukkah, and many musical performances from our favorite visiting bands and singers. Chef **Marcos de Oliveira** and his staff provided delicious food throughout the month, including elegant spreads on Christmas and New Year's Eve. Pictured above, left to right, enjoying the holiday festivities: **Eleanor Lupo, Joan LaMachia, Santa Claus, Loretta Bailey, Mrs. Claus, Ute Park, Joan Ferguson,** and Santa. Below, left to right: Dining Room Staff **Jacob Schofield** plays Santa, **Grace Paltrineri,** and **Peg Crawford.** **John Berger** is served by Dining Room Staff **Marion Sa** at the 370 party.



TRAVEL THE WORLD WITHOUT LEAVING MARLBOROUGH: January kicked off the six-week New Horizons Global Travel Passport Tour. Every week offers the opportunity to learn about the food and culture of a different featured country. We will offer music, movies, food, and presentations from New Horizons staff and residents who have lived in or visited each nation. The dining room will feature menu items from each country as well. Stop by the “Ask Me Station” to get a New Horizons passport and have it stamped.



The fun begins this week with a visit to Spain. Community Services Manager **Rick Lenfest**, who lived in Spain for several years, will give a presentation on the wide-ranging history and culture of the country. Later in the month, Driver **Sarah Habel** will discuss the archaeology of Egypt, Driver **Kosta Zaloumis** will present about Greece, and Chef **Paula Curll** will do a cooking demonstration and tasting featuring Greek flavors. At the end of January, Community Services Associate **Emily Morais** will tell residents about the wine and cuisine of Portugal.

The fun continues in February when the tour wraps up with Ireland and Canada. Resident **Ken Harbison** will share photos and memories of his travels in Ireland, while Canada week will include French music in a nod to Quebec culture and documentaries on the many natural wonders that attract visitors to our neighbor to the north.



TAX INFORMATION: Massachusetts allows a personal income tax deduction for rent. Residents receiving assisted living services may also qualify for medical deductions. To learn more, please visit Mass.gov and IRS.gov.

New Horizons does not calculate the proportion of monthly service fees (meals, housekeeping, activities, etc.) in relation to rent, and recommends that residents discuss tax matters with their accountants or lawyers to determine the appropriate deductions. All residents are advised to refer to their monthly statements for rent information, and to their Mary Ann Morse invoices for care costs.

Upcoming Events

- January 9 Spanish music with **Nick**
- January 13 Author presentation: *Murder & Mayhem in Metrowest Boston* by **James Parr** and **Kevin Swope**
- January 15 Lunch outing: Special Teas*\$
- January 17 Presentation by **Sarah Habel**— Egypt: The Mummies’ Golden Parade and Amun’s Chant
- January 18 Performance: History of Middle Eastern Music
- January 21 Presentation by **Kosta Zaloumis**: Let’s Talk Greece
- January 22 Out to lunch at Wemmy’s*\$
- January 23 Cooking with **Chef Paula**: Flavors of Greece
- January 24 Greek belly dancing with **Celia**
- January 25 Senior Smilz Theatre (Four Mini-Plays)
- January 30 Dinner and a movie: *The Six Triple Eight**

*sign up with Debbie ext. 5227



TREAT YOURSELF: Marlborough residents love Trombetta’s ice cream in the summer, but not everyone knows it’s open during the holiday season as

well. Memory Care residents **Rita Sixsmith** (left) and **Jan Walsh** (right) enjoyed hot chocolate and other treats while looking at the holiday decorations in the garden center.

MEET OUR NEW RESIDENTS

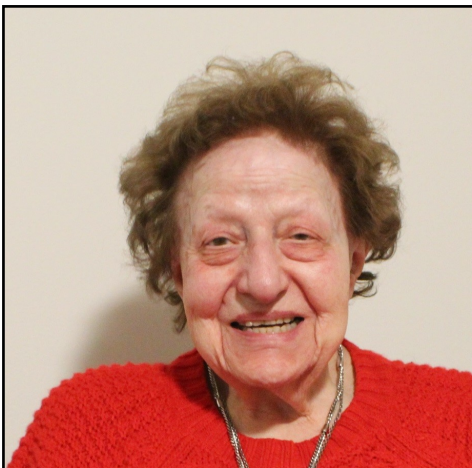


JAN WALSH: Jan was born and raised in Hillsboro, New Hampshire. She graduated from Mount Ida College and worked as a telephone operator, typist, and airline stewardess. Jan and her husband, **Jim**, had four children, eight grandchildren, and two great-grandchildren.

Jan and Jim traveled extensively in Europe and the United States. She enjoys flower arranging, painting, and knitting.



ROBERT BARRINGER: Robert was born and raised in Boston. Before moving to New Horizons, he lived in West Roxbury. Robert traveled to numerous places during his four years in the Navy and worked for AT&T for many years. He has three children and nine grandchildren. Robert enjoys working out and playing golf, and looks forward to making new friends at New Horizons.



CECILIA D'ENTREMONT: Cecilia was born and raised in Boston and Watertown. She attended St. Patrick's High School and was married to **Sam**, with whom she lived for many years in Northborough.

Cecilia says being a mother was the best job she ever had. She and Sam had two sons and two grandchildren. The pair traveled to France, Spain, England, and Italy.

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PETE HIRSCH: Pete was born in Worcester and raised in Southborough. He attended St. Mark's School and studied science at University of Massachusetts Amherst. He lived in Israel for two years prior to attending graduate school at Brandeis University.

After graduate school, Pete lived in New York City, where he ran the largest Jewish community center in the world, located on the Upper East Side of Manhattan. He spent five years there, then moved back to Southborough because he missed the countryside. Prior to and after his time in New York, Pete worked in the health sciences research field, including the Harvard Medical School research lab.