



# Community Connection

New Horizons at Marlborough  
Serving Metrowest Seniors Since 1994  
*This is home!*

July 2024

**ART IN THE AFTERNOON:** Residents created paintings and enjoyed a glass of wine during a JJAartworks Paint and Sip class.

Similar to “The Joy of Painting” TV show with Bob Ross that many of us remember, the instructor demonstrates painting a picture while participants follow along and put their own unique twist on their creations.

Seated, left to right: residents **Carole Crossman**, **Sandee Valenti**, and **Patricia Massey** show off their artwork.



**FLYING THROUGH THE AIR WITH THE GREATEST OF EASE:** The Flying High Dogs visited New Horizons in June to put on a show of leaping, spinning, and zooming frisbee-catching skills in the O’Connor Town Common. Owner **Mike Piazza** and his canine friends have appeared on Animal Planet and ESPN, and have performed for the NFL and the NBA. Residents exclaimed in wonder as the three border collies gave an amazing display of athleticism and dexterity.

Pictured above, left to right: **Mike Piazza** puts **Chaos**, **Maui**, and **Mojo** through their paces, and residents **Ann Louise Swanson**, **Pat Podgur**, and **Jay Levine** visit with the dogs after the show.



@newhorizons.marlborough



New Horizons at Marlborough



**ART IN THE AFTERNOON:** Memory Care residents visited Worcester Art Museum to view its extensive collection, which includes everything from one of **Andy Warhol's** famous Campbell's soup cans to a Japanese art collection and medieval finds from the former Higgins Armory Museum in Worcester. Residents **Clara Otey**, **Jim Halliday**, **Rita Sixsmith**, and **Betty Walters** are pictured above with some of their favorite exhibits.

### July Calendar Upcoming Events See Channel 918 for Updates

- July 4** Patriotic sing-along with residents **Sandee Valenti** and **Marie Martin**
- July 5** Portrait in Jazz Band performs
- July 6** Music with Strawberry Jazz Band
- July 7** Guitarist **Greg Peters**
- July 9** 50s music with **Brian Corcoran**
- July 10** Outing to Nashoba Valley Winery\***\$**
- July 11** Outing to Worcester Art Museum, led by resident and former docent **Bruce Plummer\***\$****
- July 15** Lecture with **Jim Parr** of American Heritage Museum: World War II Massachusetts
- July 17** Music with **Kalifornia Karl**
- July 18** Cooking with the Chef: Demo and tasting with **Chef Paula**  
Dinner and a Movie: La La Land\*
- July 20** Doo-wop music with The Memorylaners
- July 21** Music with the Crash & Burn Band
- July 22** Presentation: The Invention of Candy with **Dan Dunn** (treats included!)
- July 24** Out to lunch: The Chateau in Waltham\***\$**  
Country singer **Lyle Pierce**

\*Sign up with Debbie, ext. 5227  
\$ Fee Required



**Stay hydrated:** Drink plenty of water and avoid consuming excessive amounts of dehydrating beverages (coffee, alcohol, soda) or eating too many sugary, salty, and starchy foods.

**Beat the heat:** When going out in the sun, apply sunscreen, take frequent breaks in the shade, and wear light clothing, a hat, and sunglasses.

**Know the signs:** Call your doctor if you experience signs of dehydration, including a fever higher than 101°, confusion, weakness, vomiting for more than a day, or diarrhea for more than two days.

## MEET OUR NEW RESIDENTS



**Rosemarie O'Connor:** Rosemarie was born and raised in the Bronx, New York City and Connecticut. She was married and has three children, five grandchildren, and five great-grandchildren.

Rosemarie worked for the Motor Vehicle Department in New York state. As a retiree, she volunteered at Norwalk Hospital, and was once featured on the local news for her work there.

She traveled and went on cruises to many locations, including Hawaii, Alaska, Europe, and many river cruises around the globe.



**Ann Campbell:** Ann spent most of her life in Woburn, Massachusetts. She was married to **Robert Campbell**, who worked in printing. Ann and Robert had four children and several grandchildren and great-grandchildren. She enjoyed traveling to Canada and the Carolinas. Her hobbies include knitting, crocheting, taking long walks, and spending time with her daughters.



**Lynn and Fred Cunningham:** Lynn and Fred previously lived in Sudbury, Massachusetts. Lynn was a teacher, and Fred worked for Raytheon. They raised a family and enjoyed traveling to destinations all over the world, including Germany, Paris, France, and the Netherlands. Lynn enjoys gardening, reading, cooking, and singing in the Golden Tones choir. They are looking forward to making new friends and getting a garden plot at New Horizons.

New Horizons extends a warm welcome to these new neighbors!