

COMMUNITY CONNECTION

New Horizons at Marlborough

A Turning Point in Senior Living!

July 2026



Fun Had by All at Historic Community Celebrations

New Horizons residents and staff had a wonderful time participating in the patriotic Marlborough and Sudbury 250th Celebration parades.



From left to right: Community Services Associate **Bruno Dias Aguiar**, resident **Millie Curtain**, Driver **Sarah Habel**, residents **Paula Moore** and **Diana Hessa**, Rental Agent **Kathy Megna**, and residents **Ron Solomon**, **Fred Brewit**, **Karin Kirby**, and **Dagney Hassinger**



Community Services Administrator **Debb LeBlanc**, **Bruno Dias Aguiar**, **Kathy Megna**, Rental Agent **Dan Russo**, and **Sarah Habel**



Community Engagement Manager **Teresa Moore**, Maintenance Worker **Matt Lacouture**, resident **Paula Moore**, **Dagney Hassinger**, Associate Director **Mark Veits**, **Diana Hessa**, **Karin Kirby**, and **Dan Russo**

To view this newsletter in color, see the postings throughout the community or visit
www.countrycommunities.com

MEMORY CARE HIGHLIGHTS

Noodle Ball Players, We Have So Much Fun



Victor Valenti, Elizabeth Ruane,
and Dorothy Stepanian



Clara Otey and
Ed Garland



Clara Otey with Ed and
Mary Garland

Upcoming Events

Watch Channel 918 for more details

July 9: Paws for People

July 11: Antarctica Band, **Jeff Winston**, '60s Pop

July 12: **Jose Costa**, Steel Drums

July 13: Presentation: The Art of Magic, **Paul Elliot**

July 15: Watercolor Salt Painting Summer Sunset

July 18: **Dave Parker**, '50s-70s Tunes You'll Love

July 20: Presentation: **Frank King, Les Paul & Mary Ford**

July 21: Pianist **Doug** Performs Toe-Tapping Tunes

July 22: Craft: Making Phone Pouches

July 23: Cooking with **Paula**

July 25: **Brian Fiorention**, Rolled-Down Radio

July 28: **Timothy Kelly**, Caribbean Cruise Ship Songs

July 31: **Buddy Fanjoy**, Classic Acoustic Guitar



Aug 1: **Becky** and the Swinging Bards

Aug 2: **Mike** and **Beth**, Cabaret Show

Aug 9: **Julie Schwingbeck**, Women of Note Chorus



Did You Know?

Please Track Perishable Food Deliveries

We have noticed that perishable items are often being delivered to the front lobby receiving area and are not being picked up promptly. As a result, these items may sit unrefrigerated for an extended period of time.

Please note that our CSAs make deliveries at the end of each day. To help ensure food safety and prevent spoilage, we ask that residents monitor their orders and retrieve perishable items upon delivery.

Thank you for your continued cooperation.



@newhorizons.marlborough



New Horizons at Marlborough

Meet Your New Neighbors



Cathy DeFlumeri and Patricia Pepka

We are pleased to welcome mother and daughter Cathy and Patricia to the New Horizons community.

Cathy was born and raised in Brighton and worked as a grammar school secretary. She and her police officer husband, **Domenic**, were married 40 years and had two children, who gave them eight grandchildren and two great grandchildren. Cathy enjoys traveling, especially on cruises, and looks forward to staying busy and making new friends.

Patricia also grew up in Brighton and worked as a preschool teacher. She has two children and enjoys painting, caring for plants, and shopping. She has fond memories of traveling to Italy. At New Horizons, she is excited to make new friends and become part of the community.



Carol Winkler

Carol was raised in Memphis, Tennessee. She earned master's and doctorate degrees from Boston University before beginning her career as a college professor and newspaper writer.

Carol has two sons and five grandchildren. One of her greatest accomplishments is writing and publishing her own cookbook. She has also traveled throughout Europe, including England, France, Holland, Belgium, and Ireland, as well as to China. In her free time, she enjoys cooking, reading, and traveling.

Carol chose New Horizons to be closer to her family. She looks forward to meeting new friends and cooking with our chef.



Harry Ruth and Liz O'Hara

Harry and Liz have shared 51 wonderful years of marriage, raising two children in the Midwest. Today, they are proud grandparents to two.

Harry worked for rural electric cooperatives. Liz served as city planner for Muskegon, Michigan, and later worked in disability advocacy in Michigan and Iowa. Early in their marriage, they owned a farm where they raised wine grapes and asparagus.

The couple has traveled extensively, visiting Japan, Costa Rica, Turkey, Greece, and many other countries throughout Europe. They both enjoy reading, gardening, and staying involved in their community.

Meet Your New Neighbors



Carol Gulick

Carol grew up in Somerville, New Jersey, where she spent most of her life. She worked at both Stangl Pottery and Pfaltzgraff Pottery before later becoming a bank teller.

Carol is especially proud of her treasured Stangl and Pfaltzgraff pottery collections and of her lifelong friendship with her best friend. She enjoys jigsaw puzzles, crossword puzzles, BINGO, and reading.

With the support of her brother and best friend, Carol recently made New Horizons her home. She is looking forward to watercise classes, trivia, and morning gatherings.



Martha Faust

An Albany, New York native, Martha graduated from Marjorie Webster College in Washington, D.C. before returning to settle in her hometown. There she met her husband, **Robert**, and worked as a secretary at University at Albany.

Martha and Robert raised two sons, who have given her six grandchildren and another six great grandchildren. She says her family is her greatest accomplishment.

Martha has traveled throughout the United States, as well as Italy and Spain. She enjoys knitting and looks forward to making lasting friendships at New Horizons.



Mary Horton

Mary was born in Boston and raised in Newton, Massachusetts. She attended business school at Sacred Heart School and Chandler School for Women before beginning a successful career in the federal government's contracting office.

Throughout her career, Mary earned several honors, including the Exceptional Service Award and the Army Achievement Medal. She is a proud mother of two and grandmother to four.

Mary has traveled throughout the United States, with Palm Beach being her favorite destination. She enjoys reading, walking, and staying active through exercise.

*We are thrilled to extend a warm welcome to **Cathy & Patricia, Carol W., Harry & Liz, Carol G., Martha, and Mary.** Please join us in supporting them in their new home.*