



Community Connection

New Horizons at Marlborough
Serving Metrowest Seniors Since 1994
A Turning Point in Senior Living!

June-July 2025



*Pictured above, from left: **Enid Parker**, of **Quilts of Valor**, with residents **Bob Burke** and **William Shaw**; resident **Richard Ustick** receives his certificate from Community Service Associate **Eduardo Sapata**.*

HONORING OUR VETERANS: Three New Horizons military veterans received awards honoring their service and sacrifice from national nonprofit **Quilts of Valor**. A quilt of valor is awarded to a service member or veteran who has been touched by war, and is meant to provide recognition, comfort, and healing.

Family members and fellow residents joined residents **Bob Burke**, **William Shaw**, and **Richard Ustick** at a special reception for the presentation of the quilts. The men also received certificates expressing gratitude from a grateful nation for their military service.

CONGRATULATIONS, 2025 GRADUATES: It's graduation season for many of our student staff members. Please join us in wishing them much success in the future.

Anna Maria College

Emily Morais

Marlborough High School

Kailey Aubin

Blanca Enriquez-Pineda

University of New Haven

Brittany Garcia

Hudson High School

Henry Paiz Garcia

Arney Ngomba

Mohamed Tombol

Worcester State University

Brian O'Leary



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BLOOMING TREES CRAFT: Memory Care residents spent the afternoon painting pretty trees in bloom to celebrate the transition from spring to summer. Pictured above, from left: residents **Claire Morrison** and **Rita Sixsmith**, Customer Service Associate **Thiago Morais**, and resident **Sophie Mazokopos**.

Upcoming Events Watch Channel 918 for Details

- July 3** Mel Siller patriotic singalong
- July 4** Two of a Kind and New Horizons chorus
- July 9** Concord Museum guided tour*
- July 11** Joe Pete 50s and 60s music
- July 12** New Horizons dog show, **Kalifornia Karl**
- July 14** Lecture on Bigfoot
- July 16** Kitchen tour*
- July 18** Portrait in jazz
- July 19** Devoe entertainment
- July 23** Trip to Kimball Farm*
- July 26** Sunny Side swing band
- July 28** Galileo's discoveries
- July 29** **Gary Landgren** 50s solo

*Sign up with Debbie at ext. 5227



HAPPY BIRTHDAY, DOTTIE: Our beloved resident **Dottie Kosewicz** is now 100 years young.

With a heart full of wisdom, stories from every decade, and a smile that lights up the room, this centenarian continues to inspire everyone around her.



VALUABLE FEEDBACK:

Thank you to all who responded to our recent resident survey. Your input is important to us. We review these surveys carefully and do our best to take your

suggestions into account in an effort to make New Horizons the best possible home for our residents.



ROBERT “BOB” MCDERMOTT: Bob was born and raised in Lowell. He made his career as a dedicated educator, teaching history for grade levels 4 through 12.

Bob has three children. He enjoys reading, swimming, and following all the New England sports teams.



ELIZABETH SERRA: Elizabeth is originally from Worcester and raised her children in North Grafton. A natural caregiver, she enjoys taking care of her family, which now includes two sons, a daughter, three granddaughters, and one great-granddaughter.

Elizabeth also loves to cook, take walks, and watch movies.



MARY AND SHEN SHEY: Shen and Mary were born in China, Shen in Nanjing and Mary in Beijing. Shen is enthusiastic about numerology, technology, and philosophy. Mary’s lifelong passions include knitting, crocheting, and embroidery. She also teaches ribbon stitchery and piano.

The pair has six children and six grandchildren in addition to **Betty**, their sweet and lovable cat.